

CBH Strategy Map

REDUCE THE BURDEN OF CHRONIC CONDITIONS THAT DISPROPORTIONATELY IMPACT BLACK COMMUNITIES

Increase the proportion of adults with **prediabetes** who are adopting strategies to prevent conversion to diabetes

Reduce the **risk of diabetes complications** for people who are diagnosed with diabetes

Increase the proportion of adults with **high blood pressure** who have their blood pressure under control

Improve **cardiovascular health** in adults

Reduce the proportion of **adults with obesity**

Reduce the proportion of **children and adolescents with obesity**

PROMOTE HEALTH-RELATED BEHAVIORS THAT IMPROVE HEALTH OUTCOMES AND QUALITY OF LIFE IN BLACK COMMUNITIES

Increase the proportion of **adults who meet nutrition and physical activity guidelines**

Increase the proportion of **children and adolescents who meet nutrition and physical activity guidelines**

Increase the proportion of eligible persons completing **evidence-based lifestyle change programs**

Increase the proportion of adults who receive recommended **evidence-based preventive health care**

IMPROVE HEALTH COMMUNICATION & HEALTH LITERACY WITH AND IN BLACK COMMUNITIES

Decrease the proportion of adults who report **poor communication with their health care provider**

Increase the **health literacy** of the population

Increase the proportion of persons with diagnosed diabetes who receive **formal diabetes education**

Increase the proportion of adults who **talk to friends or family about their health**

INCREASE ACCESS TO COMPREHENSIVE HIGH-QUALITY HEALTH CARE SERVICES

Reduce proportion of persons who are **unable to obtain** or delayed in obtaining necessary medical care

Increase the ability of primary care and behavioral health professionals to provide **more high-quality care** to patients who need it

IMPROVE THE USE OF POLICY TO PREVENT DISEASE AND IMPROVE HEALTH

Increase the Council's **community, organizational and institutional partnerships**

INCREASE ACCESS TO NEIGHBORHOODS AND ENVIRONMENTS THAT PROMOTE HEALTH

Increase **greenspace equity** and access to innovative greenspace

Reduce household **food insecurity** and hunger

Increase **public locations for multiple generations and multiple ethnic groups to gather**

Increase the proportion of voting-age **citizens who vote**

Develop **actionable policies** that improve health and address social determinants in Black communities.