

**Council on Black Health – Nutrition Workgroup**  
**June 3<sup>rd</sup>, 2021**

**Notes**

- **Landscape Analysis**
  - This summer 3 interns will be conducting a Landscape Analysis on policies/ordinances, programs/interventions, and SDOH policies. As workgroups, we need to solidify the landscape analysis questions. For the nutrition workgroup, what is the number one driver of food intake in the Black community?
  - RWJF/HER has a list of ‘hot topics’ for nutrition, but is lacking a Black community perspective (**Please see pdf for list of topics**)
    - **Resource:** [Healthy Eating Research – Research & Publications](#)
    - **Resource:** [Healthy Food America](#)
    - **Resource:** [Marketing to Children Inside Quick Service Restaurants: Differences by Community Demographics](#)
  - **Updated Landscape Analysis Question:** Look for programs and interventions that address Kids’ Meals, School Lunches, and Sweetened Beverages. Look at systematic reviews of these issues and see if/how they have considered these interventions for Black communities
- **Discuss ESHE Tools**
  - The Nutrition Workgroup will decide about the continued use of ESHE tools. There may be similar tools available, and the ESHE tool may not be needed on the website. Currently paying \$5,000 annually to maintain access. A small group will meet to determine if it is advisable for CBH to keep the tool, and if so, discuss potential was to utilize ESHE.
- **Working Definitions of Optimal Health and Optimal Nutrition**
  - As a group we have developed a definition for Optimal Nutrition. We will be sending a survey to crowdsource the definition of Optimal Health and other keywords from the Black Health Bill of Rights

**Next Steps**

- Available members of the Nutrition Workgroup will meet to discuss the potential continued use of the ESHE Tool
- On the July Call, we will discuss our determination regarding the ESHE Tool and we will have a Landscape Analysis Report out from Maxine
- Carmen and Kristie to share experience using systems such as Covidence for compiling documents

**Funding Opportunities**

- [Understanding and Addressing the Impact of Structural Racism and Discrimination on Minority Health and Health Disparities](#)
- [Voices for Healthy Kids – Grant Opportunities](#)