

CBH Nutrition Team

Date: April 2nd, 2021

Notes

- Potential areas of focus for the CBH Nutrition Committee
 - How the wealth gap affects nutrition and overall health and wellbeing in Black people
 - Equity gaps in nutrition-related policy
 - The CBH draft policy agenda was shared. Consider how nutrition may fit into each topic area
- Kristen shared HER presentation to help shortlist nutrition policy focus areas
 - Presentation Linked Below (Please do not circulate)
- There were a number of individuals mentioned to bring onto the larger nutrition committee, but we will first need to identify our agenda. We need to be clear about the ask before continuing to build the team.
 - We should pick one or two areas to focus on to get started
 - Also, it is important to include community perspective as topic areas are being selected
- White Papers
 - Discuss the definition of “evidence-based” for the Black community. Do we have the data to show that evidence-based is applicable to Black communities?
 - Consider how nutrition related polices and ordinances might both positively and negatively affect the Black community. Do ordinances that have passed in predominantly white communities work in predominantly Black communities?
 - Discuss how Black perspectives are missing from nutrition policy discussions
- Consider developing a community toolkit alongside the white papers, that describe how community members can use the information. There will be a need for a common agenda and action plans.
- A gap analysis should be conducted to assess the nutrition-related work that is being done in local and federal government with a Black community perspective. Look at work that is being done by local community-based organizations.

Next Steps

- Review HER Presentation (Slide 25). Look at what is currently being done, and where there are equity gaps
- Discuss with CBH Chapters about current efforts and areas of interest related to nutrition

Resources

- [HER Policy Session Presentation Slides](#) (Please do not circulate)
- [Understanding the process of implementing nutrition and physical activity policies in a large national child care organization: a mixed-methods study](#)
- [Voices for Healthy Children Grant](#)