

CBH Nutrition Team

Date: March 11th, 2021

Goal: To identify a nutrition agenda for the Council. Consider who we should partner with? What policies should we focus on? What research should we be doing? And how to build permanence? All as it relates to nutrition. This group will be the nutrition advisory and/or agenda setting team for the Council.

Notes:

- The Council has received funding from The Pfizer Foundation for a health literacy project. We have used these funds to establish three CBH chapter sites in cities with a Black population of at least 25% (Atlanta, Charlotte, and Chicago).
 - By having these chapter sites, this creates an opportunity for the Council to be active in the community and have boots-on-the-ground teams.
 - The current plan is to have the health literacy campaign focus on COVID-related information, but we could examine the connection of COVID and nutrition
 - Two ideas. 1) Foods that boost the immune system. 2) COVID and food systems. How COVID is impacting individuals that live in neighborhoods considered food deserts or food swamps, and how COVID has exacerbated existing disparities.
- As the Council is transitioning into “doing research on purpose” it is important that we do every layer of research. This includes writing papers, community work, policy work, holding workshops, etc.
 - Participating in every layer of research could look like a relay race. With teams dedicated to completing a layer and passing off to the next team for the next step.
 - As we are focusing on doing research on purpose, think about people or organizations that are already doing this that we could potentially partner with.
- Food and Nutrition was the second most popular table at the 2019 CBH meeting. As a team, we should revisit the notes from that discussion (see attached).
 - Healthy Eating Research will be having their annual Nutrition Policy Update. Equity is a theme for this year but does not appear to be an integral part. Also, focus on the Black community seems to be missing.

Think about how we can fill in the below matrix as we are considering our agenda

	Individual behaviors	Social/political determinants	Chronic disease outcomes
Partnerships			
Practice/Probing			
Policy			
Permanence			
Problematization			

Resources:

- Council on Black Health -Inaugural Workshop August 7-9 2019 Summary (Attached)
- [People of Color are at Greater Risk of COVID-19. Systemic Racism in the Food System Plays a Role.](#)
- [Healthy Food Project](#)
- [Food Access Policy Change Through Authentic Resident Engagement](#)